

Mental Health and Wellbeing for Children and Young People Co-design Workshops

The Office for Mental Health and Wellbeing in partnership with MIEACT, the Youth Coalition, Capital Health Network, and Families ACT, cordially invites you to attend one of three co-design workshops to:

- contribute to the review of children and young people in the ACT, and
- understand the challenges facing children and young people in relation to their mental health and wellbeing.

Please register by clicking on your preferred Co-design Workshop's heading, which will then take you to the appropriate Eventbrite site for registration. Registrations close Monday 12 August 2019.

| <u>Workshop 1</u> Thursday 15 August 2019 9:00am – 11:30am | <u>Workshop 2</u> Monday 19 August 2019 2:00pm – 4:30pm | <u>Workshop 3</u> Monday 26 August 2019 5:30pm – 7:30pm |
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| <p>Tuggeranong Arts Centre, 137 Reed Street, Greenway ACT 2901</p> <p>Please note places are limited.</p> <p>Public carpark across the road on Cowlshaw Street. Catch Bus R4 (can walk from Hyperdome to Arts Centre next door to McDonalds).</p> <p><i>Refreshments will be provided.</i></p> | <p>Oak Room, Premier Hotel, 110 Benjamin Way, Belconnen ACT 2617</p> <p>All attending guests will have access to free on-site parking.</p> <p><i>Refreshments will be provided.</i></p> | <p>Manuka Oval Venue Circuit, Griffith ACT 2603</p> <p>Complimentary car parking on-site at Manuka Oval. A short walk (5 minutes) from Manuka, Barton and Kingston.</p> <p><i>Refreshments will be provided.</i></p> |

If you would like further information, please contact the Office for Mental Health and Wellbeing on 5124 9600.

We look forward to seeing you there.