

FAQ'S



A positive body image program for Year 7 and 8 girls



BOOKINGS
ENQUIRIES

6257 1195

lucinda@
mieact.org.au

Who is the program targeted at?

Any Body's Cool is a health promotion program suitable for Year 7 and 8 girls. All young women regardless of their circumstances will benefit from participating in the program. Any Body's Cool is not designed as a targeted intervention for vulnerable young people.

Can you run the program for our entire year group?

We can run the program for all girls in year 7 or 8 at your school; however this would need to occur over multiple visits. Please contact us to discuss your requirements.

Do you have a program for boys?

While we recognise that body image is a growing concern for boys we do not have a program available at this time. We can recommend several resources for your school to use with male students which align to the content covered in Any Body's Cool.

Can you run Any Body's Cool as a one hour session?

Any Body's Cool is designed as a two hour interactive workshop. The program content has been carefully designed to explore the key areas of influence on body image in a safe and engaging manner. We are unable to offer 'shortened' versions of this program; however we can run the program as 2 one hour sessions.

Do your facilitators have Working With Vulnerable People Checks?

Yes. All Body Image Educators hold current WWVP Registrations.

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